

SOUTH ASIAN MOTHERS AND CHILDREN BEING ACTIVE



Are you a **mother with a South Asian background** (from India, Sri Lanka, Pakistan, Nepal, Bangladesh, Bhutan)?

Do you have a **child who is in primary school**?

Are **you and your child** interested in being a part of a **FREE and FUN 10-session physical activity program**?

SAMBA is FREE Physical Activity program created by Curtin University researchers and South Asian women living in Perth

SAMBA starts in January 2020 in locations **North and South of the River** !

PLACES ARE LIMITED: DON'T MISS OUT!

Register online :Visit <http://samba-project.com.au/intervention/> and click the 'get involved' button
Register via phone: 08 9266 3862