



BAAWA MENTORING PROGRAM (BMP) 2018

PROGRAM INFORMATION KIT

Objective

To provide the community members an opportunity to take part in a mentoring program supported by the Bangladesh Australia Association of Western Australia.

Purpose

The purpose of the BMP is to facilitate mentoring relationships so that experienced mentors can share advice, knowledge and experiences with mentees, resulting in a mutually beneficial professional development relationship.

The BMP aims to match mentors and mentees with similar fields of interest to maximise the benefits of the program. This program is not designed to assist mentees with employment opportunities; it is a program to aid the mentee in their professional and personal development.

How the Program Works

Interested participants to send their EOI to the BMP Coordinating Team who will match the Mentors with Mentees based on the skills, interests, experience and needs stated in the expression of interest. After matching, the mentoring pair will set up their own mentoring schedule.

Mentorship Areas

- BMP Academic Mentorship – For students seeking guidance
- BMP New Comer Mentorship – For new comers/migrants
- BMP Professional Mentorship – For professionals

Applicants can opt for multiple/single area/s.

Timeline

BMP 2018 will run from September – November 2018.

Item	Timeline
Applications Open	29 August 2018
Applications Close	6 September 2018
Matching Process & Final selection	By 9 September 2018
Mentoring Program	10 September – 9 November 2018

Commitment

Participants will need to:

- Commit to the program from September to November 2018.
- Take part in meetings with mentoring partner (as negotiated with partner).

Time Commitment

There is no minimum time commitment however the BMP Coordinating Team recommends minimum one hour per month. The mentoring pair will set up their own mentoring schedule and expectations at the commencement of the program during their first meeting.

Communication Methods

Participants should discuss the different types of communication they would like to use with their respective mentoring partner. Typically, the more time the pair put into the program the more successful the mentoring relationship.

Program Cost

There is no cost to be part of this program.

Program Goals

It is expected that this program will:

- Develop individuals and improve their performance and effectiveness in career, workplace and life.
- Improve communication and interpersonal skills.
- Provide an opportunity for creating and strengthening networks.
- Strengthen inter-personal relationships.
- Provide a sustainable support mechanism for individuals.

Program Outcomes

- To develop and support community members.
- To bring together community members to enrich, enhance and share experience.

Benefits for Mentors

In addition to finding personal satisfaction in sharing their skills and experience, mentors are likely to:

- Develop and practice leadership capabilities.
- Broaden professional networks.
- Increase self-esteem, self-confidence and affirmation of competency.
- Gain recognition at broader community.
- Can officially include it in individual's career profile.

Benefits for Mentees

Whether it is to build confidence, develop professionally, reflect on personal values and goals or launch a career, mentees will have the opportunity to:

- Broaden their knowledge base and learn from a more experienced person.
- Clarify and enhance career or personal direction.
- Gain exposure to new ideas and practices that might not be pursued without a mentor's guidance.
- Develop professional and personal networks.

Are You Ready To Become A Mentor or Mentee?

In a successful mentoring relationship:

Mentors

- Maintain confidentiality.
- Identify opportunities to assist mentees.
- Are able to provide guidance, direction and support and constructive feedback.
- Act as a sounding board for ideas.
- Are confident self-starters.
- Make time to be available.
- Show interest and empathy.

Mentees

- Maintain confidentiality.
- Act on feedback.
- Are committed to maintain a productive relationship with their mentor.
- Are willing to take risks.
- Are receptive and responsive.
- Actively seek challenges.
- Accepts responsibility.

How to Get Involved

To be part of this exciting program, complete an Expression of Interest (EOI) form (as applicable) and return it to admin@baawa.org.au by **6 September 2018** with the email title/subject as '**BAAWA Mentoring Program 2018**'.

"Life is a gift, and it offers us the privilege, opportunity, and responsibility to give something back by becoming more". – Tony Robins